












Summer/Autumn 2024

15 APRIL • 7 MAY • 3 JUNE • 24 JUNE • 15 JULY • 2 SEPTEMBER • 23 SEPTEMBER • 14 OCTOBER

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL OPTION 1	Pork Sausages with Gravy	Herb Crusted Chicken with Spaghetti Marinara NEW!	Roast Beef with Gravy	Favourite Quorn Hot Dog 	Battered Fish Fillet
MAIN MEAL OPTION 2	Cheese & Tomato Quiche 	Mild Sweet Potato & Chickpea Curry 	Mince Slice  NEW!	Cheesy Spring Vegetable Bake 	Classic Cheese & Tomato Pizza 
SIDE DISH	Pasta or Potato Wedges	Brown & White Rice	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Garlic Bread	Potato Wedges or Tricolour Pasta
COLD OPTION	Tuna Roll	Grated Cheese Roll 	Ham Sandwich	Cheese Baguette 	Cheese Roll 
EXTRA OPTION	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Tomato Pasta (optional cheese)	Jacket Potato (Various Toppings)

Seasonal vegetables and a variety of salads are served daily.  = Vegetarian  = Vegan.

We are proud to use the following food brands:



We are accredited by:



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HCL Registered Office: Mundells,
Welwyn Garden City, Hertfordshire,
AL7 1FT | T: 01707 938625



Summer/Autumn 2024

22 APRIL • 13 MAY • 10 JUNE • 1 JULY • 22 JULY • 9 SEPTEMBER • 30 SEPTEMBER • 21 OCTOBER

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL OPTION 1	Tex Mex Quorn Fajita 🌱	Chicken Pie	Roast Chicken with Sage & Onion Stuffing & Gravy	Beef Burger in a Bun	Salmon Fishcake
MAIN MEAL OPTION 2	Creamy Macaroni Cheese 🌱	Cheese Pinwheel 🌱 NEW!	Plant Balls with Gravy 🌱	Tomato Pasta (optional cheese) 🌱	Classic Cheese & Tomato Pizza 🌱
SIDE DISH	Rice or Tomato Bread	Diced Potatoes or Couscous	Roast Potatoes or Brown & White Rice	Potato Wedges or Herby Bread	Oven Chips or Tricolour Pasta
COLD OPTION	Cheese Baguette 🌱	Ham Sandwich	Tuna Roll	Grated Cheese Sandwich 🌱	Cheese Roll 🌱
EXTRA OPTION	Jacket Potato (Various Toppings)	Tomato Pasta (optional cheese)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

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Summer/Autumn 2024

29 APRIL • 20 MAY • 17 JUNE • 8 JULY • 16 SEPTEMBER • 7 OCTOBER

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL OPTION 1	Chicken Curry 	Quorn Burger in a Bun 	Turkey Roast with Sage & Onion Stuffing & Gravy 	Beef Lasagne	Fish Fillet Fingers
MAIN MEAL OPTION 2	Homemade Sausage Roll  	Rich Tomato Bolognese 	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy 	Chipolata Sausages with Gravy 	Classic Cheese & Tomato Pizza 
SIDE DISH	Rice or Diced Potatoes	Potato Wedges or Spaghetti	Roast Potatoes or Wholemeal Pasta	Herby Bread or Diced Potatoes	Oven Chips or Tricolour Pasta
COLD OPTION	Grated Cheese Sandwich 	Cheese Baguette 	Tuna Roll	Ham Sandwich	Cheese Roll 
EXTRA OPTION	Tomato Pasta (optional cheese)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

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