

HEY, FAMILIES OF HEMEL

JOIN OUR FREE HEALTHY LIFESTYLES COURSES TO MAKE
HEALTHY HABITS TOGETHER, AND HAVE FUN DOING IT!

HOBLETTS MANOR JUNIOR, HP2 5JS
THURSDAY 17:30 - 19:30

For 11 weeks
From Thursday 18th May 2023

To be eligible for a free place, your family must live/go to school/be registered with a GP in Hertfordshire and include one child aged 5-15 who is above their ideal healthy weight.



Healthy eating



Fun activities



To sign up for your family's **FREE** place...



beezeebodies.com/families



01707 248648

or scan me with
your smartphone
camera

